

# 2020 – Bedford County Support Groups

The following is a list of regularly scheduled Support Groups in Bedford County.

If you do not attend the support groups regularly, please check with the contact person for the group that you want to attend to verify the scheduled time and location. Occasionally meetings are moved for special activities or speakers.

NAME OF SUPPORT GROUP	DAY/TIME	LOCATION	CONTACT INFORMATION
<b>Addiction Families of Addiction</b>	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of ea. Month 6:00-7:30-pm	Personal Solutions Community Room 145 Clark Building Rd. Bedford, PA 15522	Sharon McNamara, BCDAPP 814-623-5009 x108 smcnamara@personalsolutionsinc.org
<b>Alcoholics Anonymous</b>	Every Tuesday @ 12:00 pm	Bedford Presbyterian Annex Bldg. 115 East Penn Street (upstairs) Bedford, PA 15522	814-623-6891 Ed Blackburn: 814-733-2278 or Eric Easton: 814-652-9368
<b>Alcoholics Anonymous</b>	Every Thursday @ 8:00 pm Every Saturday @ 8:00 pm	Bedford Presbyterian Annex Bldg. 115 East Penn Street (upstairs) Bedford, PA 15522	814-623-6891 Ed Blackburn: 814-733-2278 or Eric Easton: 814-652-9368
<b>Alcoholics Anonymous</b>	Every Wednesday @7:00 pm	Dunnings Creek Friends Mtg. House 295 Quaker Rd. Fishertown, PA 15539	
<b>Alzheimer's Support Group</b>	3 <sup>rd</sup> Thursday of each month @ 3:00-4:30 pm	Bedford United Methodist Church 132 East John Street Bedford, PA 15522	Karen Everhart @ 814-623-7772
<b>Bereavement Support Group (Women Only) "Laughter after Loss"</b>	4 <sup>th</sup> Wednesday of each month @ 11:00 am	Bedford Presbyterian Annex Building 115 East Penn Street Bedford, PA 15522	814-623-6891
<b>Grief Support Group "Comforting Friends"</b> Open to parents/grandparents who have lost a child/grandchild.	3 <sup>rd</sup> Tuesday of each month @ 7:00 pm	Trinity Reformed Church 722 Main Street Osterburg, PA 16667	Kelly @ 814-239-5410/814-329-1841 or Bev @ 814-276-3932
<b>Grief Support Group</b> Support services for children/teens	1 <sup>st</sup> Thursday of each month @ 6:00 pm	Chestnut Ridge Indep. Fellowship Church 1486 Quaker Valley Road New Paris, PA 15554	814-839-2207
<b>Grief Support Group</b> Open to all anyone grieving the loss of a loved one.	Last Tuesday of each month 2:30-4:00 pm	ACTS Community Church 169 Bedford Plaza Road Bedford, PA 15522 (near Hoke-E-Geeze)	Charlene Ebersole 814-947-7060
<b>Mental Health Support Group</b> Peer Support Group/Caregiver Support Group for family members supporting those with mental illness.	3 <sup>rd</sup> Monday of each month @ 3-5:00 pm (may change due to holidays)	HOPES Drop-In Center 227 West Penn Street Bedford, PA 15522	Jessica Peacock @ 814-421-5105 or Toll Free 888-733-7781

NAME OF SUPPORT GROUP	DAY/TIME	LOCATION	CONTACT INFORMATION
<b>NA Meeting</b>	Every Wednesday @ 8:00 pm Every Friday @ 8:00 pm	Bedford Presbyterian Annex Bldg. 115 East Penn Street (upstairs) Bedford, PA 15522	814-623-6891 Ed Blackburn: 814-733-2278 or Eric Easton: 814-652-9368
<b>NA Meeting</b>	Every Monday 7:00 pm Every Tuesday 12-1:00 pm Every Saturday 8:00 pm	Personal Solutions, Inc. 145 Clark Building Rd. Suite 5 Bedford, PA 15522	814-623-5009 <a href="http://personalsolutionsinc.org">http://personalsolutionsinc.org</a>
<b>NA Meeting</b>	Every Thursday 12:00 pm	North Spring Christian Church 37 North Street Everett, PA 15537	
<b>Overeaters Anonymous</b> 12 Step Program for any eating disorder. Not a Calories or Weight Loss Program	Every Tuesday @ 7:00 pm	Bedford UPMC Memorial Vreeland Conference Room 10455 Lincoln Highway Everett, PA 15537	Sally @ 814-623-1557
<b>Parents of Addicted Loved Ones</b> (PAL)	Every Monday @ 6:00-7:30 pm 18 and older	ACTS Community Church 169 Bedford Plaza Road Bedford, PA 15522 (near Hoke-E-Geeze)	Elena at <a href="mailto:elenashore@gmail.com">elenashore@gmail.com</a> 814-494-9766 or 541-204-3174 <a href="http://www.palgroup.org">www.palgroup.org</a>
<b>Suicide Bereavement</b> <b>Support Group</b>	1 <sup>st</sup> Wed. of each month @ 1:30 pm	Wolfsburg United Methodist Church 182 Wolfsburg Road Bedford, PA 15522	Pastor Beth Pyles 301-233-2429

Revised 2/5/2020